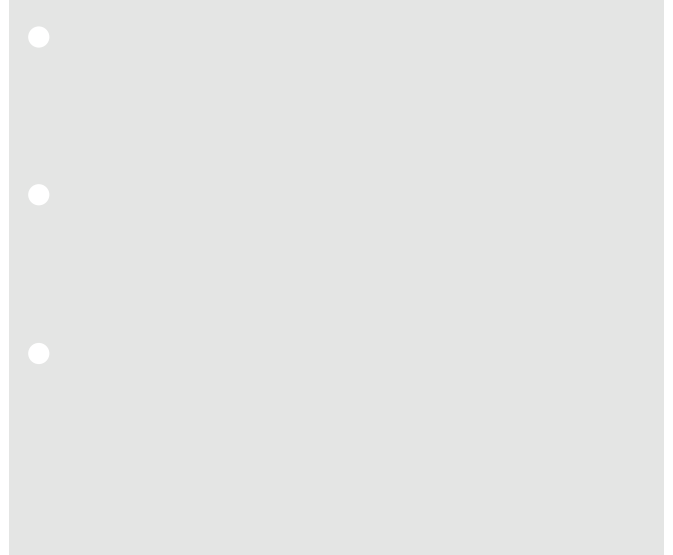


AGENDA DIÁRIA

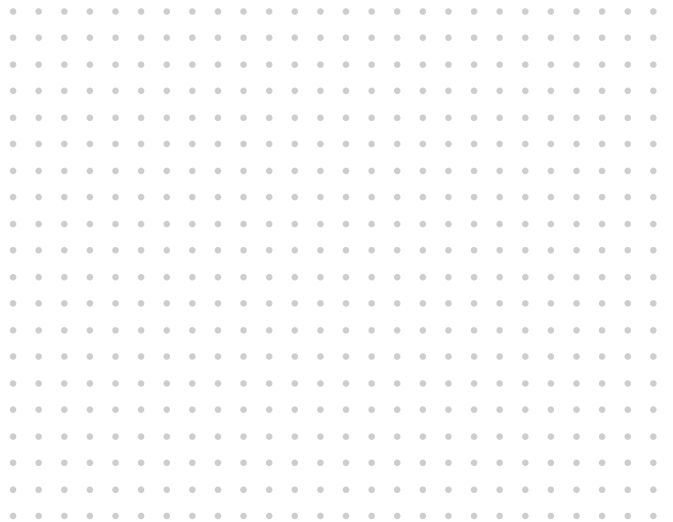
S T Q Q S S D

6-7 AM	☐
7-8 AM	☐
8-9 AM	☐
9-10 AM	☐
10-11 AM	☐
11-12 AM	☐
12-1 PM	☐
1-2 PM	☐
2-3 PM	☐
3-4 PM	☐
4-5 PM	☐
5-6 PM	☐
6-7 PM	☐
7-8 PM	☐
8-9 PM	☐
9-10 PM	☐
10-11 PM	☐

PRIORIDADES



IDEIAS



SEGUIMENTO

☐	☐	☐	☐	☐	☐	☐	☐
☐	☐	☐	☐	☐	☐	☐	☐

AMANHÃ

NOTAS

